

Marci Skelton

Personal Trainer

***Marci's Favorite
Quote:***

*“There are only
two things in life:
Excuses
or
Results...
So quit talking
and let's get
moving!”*

**CLEBURNE FITNESS
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BIO:

Started exercising in 1984, after the birth of my first child, to shed the baby weight I'd gained. At the time it was all "spandex" and "jazzercise". Now with 26 years of teaching fitness and personal training I feel blessed and honored to be a part of this amazing industry. My career choice changed my life and my future, all the while, allowing me to do the same for others. So, my goal is to be the oldest fitness instructor and trainer alive...still kicking their butt and making them sweat!

Certifications:

- National Academy of Sports Medicine, CPT
- AFAA Group Exercise and Personal Trainin
- Body Training Systems: GroupPOWER, GroupSTEP, GroupRIDE,
- CPR/AED